



**School Information:** PB & J available daily.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



The U.S. Department of Agriculture ([www.USDA.gov](http://www.USDA.gov)) prohibits discrimination in all its programs and activities.

Corn Dog  
Baked French Fries  
Baked Beans  
Fresh Fruit  
Choice of Milk **1**

Turkey & Cheese Hoagie  
Sun Chips  
Baby Carrots w/FF Ranch  
Fresh Fruit  
Choice of Milk **2**

Baked Spaghetti  
WG Breadstick  
Corn on the Cob  
Tossed Salad (Romaine)  
Fresh Fruit  
Choice of Milk **3**

Hamburger  
Baked Beans  
Baked French Fries  
Fresh Fruit  
Choice of Milk **6**

Beefy Cheesy Nachos  
Spanish Rice  
Fiesta Corn  
Fresh Fruit  
Choice of Milk **7**

Chicken Tenders w/sauce  
Green Beans  
Baked Tater Tots  
Cheese Stick  
Fresh Fruit  
Choice of Milk **8**

Beef Bites  
Mashed Potatoes  
Glazed Carrots  
WG Roll  
Fresh Fruit  
Choice of Milk **9**

WG Pizza  
Corn on the Cob  
Tossed Salad (Romaine)  
Fresh Fruit  
Choice of Milk **10**

Hot Dog (chili)  
Baked Beans  
Baked Tater Tots  
Fresh Fruit  
Choice of Milk **13**

Baked Chicken  
WG Rice & Gravy  
Broccoli  
WG Roll  
Fresh Fruit  
Choice of Milk **14**

Fish Sandwich  
Baked French Fries  
Cole Slaw  
Fresh Fruit  
Choice of Milk **15**

Baked Spaghetti  
WG Breadstick  
Corn on the Cob  
Tossed Salad (Romaine)  
Fresh Fruit  
Choice of Milk **16**

Turkey & Cheese Hoagie  
Sun Chips  
Baby Carrots w/FF Ranch  
Fresh Fruit  
Choice of Milk **17**

Sloppy Joe  
Baked Beans  
Baked Tater Tots  
Fresh Fruit  
Choice of Milk **20**

Baked Turkey  
WG Rice & Gravy  
Baked Mac & Cheese  
Collard Greens, Yams, Fruit  
Corn Bread Muffin  
Choice of Milk **21**

**NO SCHOOL** **22**



**NO SCHOOL** **24**

Beefy Cheesy Nachos  
Spanish Rice  
Fiesta Corn  
Fresh Fruit  
Choice of Milk **27**

Hamburger  
Baked Beans  
Baked French Fries  
Fresh Fruit  
Choice of Milk **28**

Cup of Chili  
Corn Bread Muffin  
Glazed Carrots  
Fresh Fruit  
Choice of Milk **29**

Hot Dog (chili)  
Baked Beans  
Baked Tater Tots  
Fresh Fruit  
Choice of Milk **30**

