

June 2016

Quest Leadership Academy



PB & J sandwich available daily.

Nutrition Tip: 95% of Americans still aren't eating enough whole grain. Whole grains give kids the energy they need to be active and play sports!
Reference: U.S. Department of Health and Human Services and U.S. Department of Agriculture Dietary Guidelines for Americans, 2010.

Monday

Tuesday

Wednesday

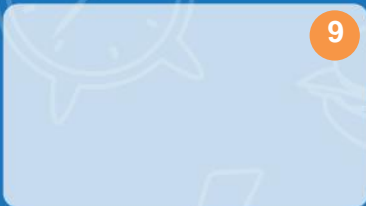
Thursday

Friday



BAG LUNCH 1
Corn dog*BBQ Potato
Chips*Fresh Fruit
*Choice of Milk

BAG LUNCH 2
Pizza *Sun Chips *Fresh
Fruit *Choice of Milk



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**Quest Summer
Camp Starts**

