

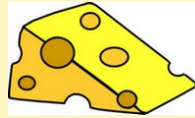
March 2016

Quest Leadership

LUNCH



PB & J sandwich available daily.



Nutrition Tip: Only one in 10 American kids gets enough vitamin D, and about six out of 10 kids get the recommended amount of calcium.

Monday

Tuesday

Wednesday

Thursday

Friday



The U.S. Department of Agriculture (www.usda.gov) prohibits discrimination in all its programs and activities.

Baked Fish Sandwich **1**
Baked French Fries
Cole Slaw
Fresh Fruit
Choice of Milk

Corn Dog **2**
Baked Tater Tots
Green Beans
Fresh Fruit
Choice of Milk

Baked Turkey **3**
WG Rice & Gravy
Collard Greens
WG Roll
Fruit, Choice of Milk

Chicken Tenders **4**
w/sauce
Baked French Fries
Green Beans
Fruit, Choice of Milk

Hot Dog (chili) **7**
Baked Tater Tots
Baked Beans
Fresh Fruit
Choice of Milk

WG Pizza **8**
Tossed Salad (Romaine)
Corn
Fresh Fruit
Choice of Milk

Breaded Chicken **9**
Sandwich
Baked Sweet Potato Bites
Green Beans
Fruit, Choice of Milk

Beefy Cheesy Nachos **10**
Spanish Rice
Fiesta Corn
Fresh Fruit
Choice of Milk

Salisbury Steak **11**
Mashed Potatoes
Broccoli
WG Roll
Fruit, Choice of Milk

Pulled BBQ Chicken **14**
Sandwich
Baked Tater Tots
Baked Beans
Fruit, Choice of Milk

Spaghetti & Meatballs **15**
Corn
Tossed Salad (Romaine)
WG Breadstick
Fruit, Choice of Milk

WG Turkey & Cheese **16**
Hoagie
Baby Carrots w/FF Ranch
Sun Chips
Fruit, Choice of Milk

Baked Chicken **17**
WG Rice & Gravy
Broccoli
WG Roll
Fruit, Choice of Milk

Hamburger **18**
Baked French Fries
Baked Beans
Fresh Fruit
Choice of Milk

Corn Dog **21**
Baked Tater Tots
Green Beans
Fresh Fruit
Choice of Milk

Baked Fish Sticks **22**
Baked French Fries
Hush Puppies
Cole Slaw
Fruit, Choice of Milk

Beef Bites **23**
Mashed Potatoes
Glazed Carrots
WG Roll
Fruit, Choice of Milk

WG Pizza **24**
Tossed Salad (Romaine)
Corn
Fresh Fruit
Choice of Milk

SNOW DAY!! **25**

SPRING BREAK!!

