

BREAKFAST

NOVEMBER 2018

Quest Leadership Academy

Yogurt available daily.

Monday

Tuesday

Wednesday

Thursday

Friday



Muffins
Fresh Fruit
Choice of Milk

1 Cinnamon Roll
Fresh Fruit
Choice of Milk

8 Cereal
Fresh Fruit
Choice of Milk

9 Pop Tart
Fresh Fruit
Choice of Milk

12 Cinnamon Roll
Fresh Fruit
Choice of Milk

13 Muffins
Fresh Fruit
Choice of Milk

6 Bagel
Fresh Fruit
Choice of Milk

7 Cereal
Fresh Fruit
Choice of Milk

14 Cereal Bar
Fresh Fruit
Choice of Milk

15 Pop Tart
Fresh Fruit
Choice of Milk

16 Bagel
Fresh Fruit
Choice of Milk

19 Cereal
Fresh Fruit
Choice of Milk

20 Sausage
Toast
Fresh Fruit
Choice of Milk



26 Pop Tart
Fresh Fruit
Choice of Milk

27 Muffins
Fresh Fruit
Choice of Milk

28 French Toast
Fresh Fruit
Choice of Milk

29 Bagel
Fresh Fruit
Choice of Milk

30 Cereal
Fresh Fruit
Choice of Milk