



# LUNCH

# OCTOBER 2018

## Quest Leadership Academy

Salad & PB&J available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Green Beans Fresh Fruit Choice of Milk <b>1</b>	Pulled BBQ Sandwich <b>Baby Carrots</b> Fresh Fruit Choice of Milk <b>2</b>	Chicken Tenders <b>Sweet Potato Tots</b> Fresh Fruit Choice of Milk <b>3</b>	Taco Black Bean Salsa Refried Beans Fresh Fruit Choice of Milk <b>4</b>	Boneless Wing <b>Celery</b> Fresh Fruit Choice of Milk <b>5</b>
Sloppy Joe Baked Chips <b>Baby Carrots</b> Fresh Fruit Choice of Milk <b>8</b>	Spaghetti Corn on the Cob Fresh Fruit Choice of Milk <b>9</b>	Chicken Pepper Wrap Green Beans Roasted Potatoes Fresh Fruit Choice of Milk <b>10</b>	Hamburger <b>Lettuce</b> & Tomato Baked Beans Fresh Fruit Choice of Milk <b>11</b>	Pizza Corn Fresh Fruit Choice of Milk <b>12</b>
Corndog Baked Beans Fresh Fruit Choice of Milk <b>15</b>	Meatball Sub <b>Carrot Stix</b> Fresh Fruit Choice of Milk <b>16</b>	Beef Bites Mash Potatoes <b>Broccoli</b> Fresh Fruit Choice of Milk <b>17</b>	Nachos Spanish Rice Fresh Fruit Choice of Milk <b>18</b>	<b>Kale Salad</b> w/chicken Croissant <b>Sweet Potato soufflé</b> Fresh Fruit Choice of Milk <b>19</b>
 <b>22</b>	Tuna Salad Croissant <b>Baby Carrots</b> Fresh Fruit Choice of Milk <b>23</b>	Ham & Cheese sandwich Chicken Noodle Fresh fruit Choice of Milk <b>24</b>	Grilled Cheese Broccoli Cheddar Soup Fresh Fruit Choice of Milk <b>25</b>	Chicken Sandwich Baked Chips Fresh Fruit Choice of Milk <b>26</b>
Pizza Corn on the Cob Fresh Fruit Choice of Milk <b>29</b>	Hot Dog Baked Beans Fresh Fruit Choice of Milk <b>30</b>	Salisbury Steak Rice & Gravy <b>Broccoli</b> Fresh Fruit Choice of Milk <b>31</b>		